

FIRE PREVENTION IS A MUST. DON'T GET BURNED THIS FALL.

Autumn is here, and it's time to make sure your home is ready for winter. Fire prevention is a must so that you don't get burned this fall. It is time to change the batteries in your smoke detectors and carbon monoxide detectors, clean the fireplace and replace fire extinguishers that have gone beyond their lifespan. Did you know that nearly 2 million people are treated for burns annually in the United States? Sadly, the primary causes of burn injury include fireflame, scalds, contact with hot object, electrical and chemicals according to the American Burn Association.

Water heaters are boxed at the factories with temperature settings between 140-150 degrees Fahrenheit. The best prevention from burns is to turn the water heater temperature down, as it only takes 2 seconds for a child to get third degree burns from hot water measuring 150 degrees.

Hot water burns can be prevented.

Taking the temperature of your hot water is ideal in the early morning hours before anyone has used hot water. Leave the hot water tap in the kitchen running for two minutes. Hold a candy or outdoor thermometer in the

stream until the temperature stops rising. If the temperature is over 125 degrees, turn down the thermostat on the water heater to "low" or "energy efficient" on an electric model. If your water heater is gas, the thermostat should be located near the bottom. Test the water again in 24 hours to ensure your home's hot water is flowing at a safe setting. If the temperature did not go down, please call us, as your safety may be at risk.

Having adequate hot water for your home is the safer and smarter choice in helping to prevent burns.

Call Mac Plumbing at 931–552–555, and our highly-trained technicians, who are drug-tested and background-checked, can ensure that your equipment is running efficiently and help you explore options that are best suited for you and your home. Help your home "avoid getting burned" this fall, and rest easy knowing you're in the care of the best hands in the business.



WELCOME BIRDS THIS AUTUMN

Autumn's arrival ushers in nature's departure, as most birds travel south to seek refuge in warmer climates. For those that are simply passing through or getting ready to make their homes near ours, here are some ideal ways to make a lovely spot for birds and others this season.

- Leave the Leaves Alone Earthworms, bumblebees, butterflies, fireflies and moths are all dependent on dead leaves for subsistence. Raking and blowing away leaves disrupts their ecosystems.
- **Seeds of Survival** Dead flowers and other plants contain seeds that birds need to eat to help them through cold months.
- **Go Native** Birds enjoy their surroundings, especially when filled with native plants, trees and other types of flora.
- Perfect Pumpkins Decorated pumpkins can be toxic to animals, so leave these gourds plain, unbleached, unpainted and without glitter. This is their best outdoor natural 'costume'.
- **Drink of Life** Water is always a pure joy for all wildlife, so adding a little water source or feature to draw them to your yard is a treat for us and them.
- Home Tweet Home Give them a shelter to help them feel welcome and safe. Be sure to put a birdhouse or nesting box far out of a predator's reach, hidden, and out of direct sun and blustery winds.
- Avoid Pesticides Natural pesticide options such as diatomaceous earth (DE), soapy water, mint, catnip and others work well in any garden and are safer options than their toxic counterparts.
- Fertilize Naturally Compost, coffee grounds, eggshells, lawn clippings, manure or bone/blood meal are all great options to ensure a great looking lawn and attract feathered friends.
- Have Bird Safe Windows Putting decals, rows of string or screening over windows near feeders or those that are along bird routes will break up the reflections that birds often perceive as habitats they can fly through.
- **Keep Cats Indoors** Kitty will be delighted with an outdoor enclosure or 'catio' where you both can watch the birds. This keeps birds safe and entertains kitty for a bit while chittering at the window.

KIND WORDS FROM CLIENTS

"[Drew] did an excellent job replacing my water filter. He was on time and completed the work. They get my five stars as always."

- Joe B.

"Excellent customer service. I was in a bind and needed service quick. They got it done right and faster than expected."

- Shannon F.

"Great customer service, professional and thorough. [Adam] was our technician, and he was very polite and professional."

- Carol B.



STAFF SPOTLIGHT

We'd like to give a big shout out to Adam Stefco for 15 years of being with MAC!

Fun Facts about Adam:

- 1. Where are you from? Clarksville, TN
- 2. How long have you lived in the area?

 33 years, my entire life!
- 3. What do you like to do in your free time?

 Spending time with my wife & two daughters.

 Watching the Tennessee Vols!
- 4. If you could visit anywhere in the world, where would it be? I would like to visit Normandy, where my grandfather jumped on D-Day.

FALL DESSERT CHARCUTERIE BOARD

This tray holds plenty of snacking favorites that are sure to please a crowd, regardless of the reason for gathering. Kids and adults are sure to find at least a few favorites on this beautiful and simple seasonal snack spread.



Recipe by Glorious Treats

Ingredients

- Apple Pie Salted Caramels
- Pumpkin-Spice Brownie Bites
- Pumpkin-Spice Yogurt Pretzels
- Mallowcream Mix
- Peach Twists
- Orange-Vanilla Natural Taffy
- Mini Peanut Butter Cups
- · Pistachios in the Shell
- Peanut Butter Pretzel Nuggets
- Sprouts Chocolate-Rolled Wafers
- Sprouts Pumpkin Snaps
- 2-3 Fresh Mini Pumpkins (as garnish)

Instructions

- **1.** Begin assembling your platter by placing two mini pumpkins in the center of the platter (be sure they've been rinsed off well).
- 2. Next, add your linear elements (Peach Twist & Chocolate Rolled Wafers).
- 3. Layer your larger items (Sprouts Pumpkin Snaps).
- **4.** Add the medium-sized items (Pumpkin-Spice Yogurt Pretzels & Apple Pie Salted Caramels), working to create a design that resembles a color wheel.
- **5.** Fill in with the smaller items (Pistachios, Pumpkin-Spice Brownie Bites).
- 6. Enjoy immediately or wrap well with plastic wrap until ready to serve.

FALL FUN WORD SEARCH

In honor of fall, here's a word search! Be the first to complete the word search, and you will receive a \$25 gift certificate to Mac's favorite restaurant!

Mail completed puzzle to:

2968 B East Old Ashland City Rd, Clarksville, TN 37043

or scan & email completed puzzle to: mac@macplumbing.com.

FALL LEAVES AUTUMN FROST HARVEST ABUNDANT GATHER CORNUCOPIA TABLE CRISP PUMPKIN SWEATER FAMILY RAKE WINDY **FRIENDS** COZY **MAPLE**

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2968 B EAST OLD ASHLAND CITY RD, **CLARKSVILLE. TN 37043**







LET'S HELP TO FIGHT CANCER THIS FALL.

The winds of change are here as autumn has brought its whispers of shorter days and longer nights. We celebrate this new season with friends and family gathered around our tables to share our love of football, crock pot meals, sweaters, and the joy of simply just being together.

However, for some, their need for support stretches beyond the walls that contain their loved ones and requires help from the community, too. The National Institutes of Health states that, "More than 1.2 million Americans develop cancer each year. A new cancer is diagnosed every 30 seconds in the United States. Since 1990, nearly 15 million new cancer cases have been diagnosed."

Cancer Support Community believes we are all stronger, together. Their mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They are leading the way in empowering people affected by cancer, by addressing their individual needs, linking them to a community of support, and helping them to live better lives, so that no one faces cancer alone.

It is time to help the Cancer Support Community and assist cancer patients, survivors, families, and caregivers in their fight. The best way I can do that is to offer Mac Plumbing's financial support. With that, I will donate \$20 of every service call ran in the month of November to the Dream Factory, a Bikers Who Care (BWC) Organization.

If you have a plumbing project that needs a professional guiding hand to get it done, now is the perfect time for it. Not only will you enjoy the new comforts in your home, but you will also help to join in on the fight against cancer this fall.

Sincerely,



Bruce McGaha

BRUCE **MCGAHA** OWNER

